

Allon Raunin Hankali ta Duniya

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Participant Identification Number

Jinsi	<input type="radio"/> Mace	<input type="radio"/> Namiji	<input type="radio"/> Wasu
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Shekaru	_ _ _
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Wani lokaci abubuwa suna faruwa da mutanen wanda ba a saba gani ba ko musamman masu ban tsoro, masu muni, ko masu rauni.

A takaice bayyana abin da ya faru ko abin da ya fi shafar ku a halin yanzu:

.....

Wannan lamari ya faru:	<input type="radio"/> watan da ya gabata	<input type="radio"/> rabin shekarar da ta gabata	<input type="radio"/> shekarar da ta gabata	<input type="radio"/> da dadewa ta gabata
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Wannan lamarin:

wani lamari ne guda daya kuma ya faru lokacin da nake (kimanin) |_|_| shekaru

ya faru a cikin dogon lokaci / sau da yawa tsakanin shekaru |_|_|_| da |_|_|_|

Wanne daga cikin abubuwan da ke kasa ya nuna lamarin (amsoshi fiye da daya):

Rikicewar jiki:	<input type="radio"/> da kanka	<input type="radio"/> ya faru da wani
Cin zarafin jima'i:	<input type="radio"/> da kanka	<input type="radio"/> ya faru da wani
Musgunawa:	<input type="radio"/> da kanka	<input type="radio"/> ya faru da wani
Mumunan rauni:	<input type="radio"/> da kanka	<input type="radio"/> ya faru da wani
Barazanar rai:	<input type="radio"/> da kanka	<input type="radio"/> ya faru da wani

Mutuwar wani masoyi kwatsam

Kuna cutar da wani

Kwayar cutar Korona (COVID-19)

Idan aka yi la'akari da abin da ya faru a sama, a cikin watan da ya gabata, kun taba...

1.	... mafarki game da abubuwan da suka faru na rayuwa masu rauni na baya da kuka fuskanta ko kuyi tunani game da lamarin lokacin da ba kwa so?	<input type="radio"/> A'a	<input type="radio"/> Eh
2.	... mafarki game da abubuwan da suka faru na rayuwa masu rauni na baya da kuka fuskanta ko kuyi tunani game da lamarin lokacin da ba kwa so?	<input type="radio"/> A'a	<input type="radio"/> Eh
3.	... ya kasance koyaushe a cikin tsaro, da lura, ko cikin saukin firgita?	<input type="radio"/> A'a	<input type="radio"/> Eh
4.	... jin ba dadi ko kadaici daga mutane, ayyuka, ko kewayen ku?	<input type="radio"/> A'a	<input type="radio"/> Eh
5.	... jin laifi ko kasa daina zargin kanku ko wasu saboda abubuwa na rayuwa da suka faru a baya ko kuma wata matsala da abin ya haifar?	<input type="radio"/> A'a	<input type="radio"/> Eh
6.	... son jin rashin amfani?	<input type="radio"/> A'a	<input type="radio"/> Eh
7.	...fusata da ba za ku iya yin komai a kai ba	<input type="radio"/> A'a	<input type="radio"/> Eh
8.	... an ji tsoro, damuwa, ko rashin kwanciyar hankali?	<input type="radio"/> A'a	<input type="radio"/> Eh
9.	... kasa tsayar ko yin wani abu a kan damuwa?	<input type="radio"/> A'a	<input type="radio"/> Eh
10.	... kun kasance cikin kasala, tawaya, ko rashin buri?	<input type="radio"/> A'a	<input type="radio"/> Eh
11.	... an dandana rashin sha'awar ko jin dadin yin abubuwa?	<input type="radio"/> A'a	<input type="radio"/> Eh
12.	... samun matsalar yin barci?	<input type="radio"/> A'a	<input type="radio"/> Eh
13.	... yin kokarin cutar da kanku da gangan?	<input type="radio"/> A'a	<input type="radio"/> Eh

14.	... fahimta ko jin abubuwan duniya ko wasu mutane a hanya daban, ta yadda abubuwa suka zama kamar mafarki, ko ba gaskiya ba?	<input type="radio"/> A'a	<input type="radio"/> Eh
15.	... ji kwar ku ko rabuwa da jikin ku (misali, ji kamar kana raina kanka daga sama, ko kuma kamar kai mai kallon jikinka ne a waje)?	<input type="radio"/> A'a	<input type="radio"/> Eh
16.	... samun wata matsala ta jiki, ta tunani ko zamantakewa da ta dame ku?	<input type="radio"/> A'a	<input type="radio"/> Eh
17.	... kun fuskanci wasu al'amuran damuwa (kamar matsalolin kuɗi, canza ayyuka, kaura zuwa wani gida, rikicin dangantaka a cikin aiki ko rayuwa ta sirri)?	<input type="radio"/> A'a	<input type="radio"/> Eh
18.	... yin kokarin rage tashin hankali ta hanyar amfani da barasa, taba, kwayoyi ko magunguna?	<input type="radio"/> A'a	<input type="radio"/> Eh
19.	... rasa mutanen da ke kusa da ku waɗanda za ku iya dogara da su don neman taimako a lokutan wahala (kamar tallafin hankali, kula da yara ko dabbobi, rakiya zuwa asibiti ko kantin sayar da kayayyaki, taimako lokacin da kuke rashin lafiya)?	<input type="radio"/> A'a	<input type="radio"/> Eh
20.	A lokacin kuruciyar ku (shekaru 0-18), shin kun sami wasu abubuwan da suka faru na rayuwa masu ban tsoro (misali, mummunan haɗari ko gobara, cin zarafi na jiki ko jima'i, bala'i, ganin an kashe wani ko aka ji masa rauni mai tsanani, ko mutuwar masoyi)?	<input type="radio"/> A'a	<input type="radio"/> Eh
21.	Shin kun taba samun ganewar ciwon tunani ko kuma an taba jinyar ku don matsalolin tunani (misali bakin ciki, damuwa ko matsalar ɗabi'a)?	<input type="radio"/> A'a	<input type="radio"/> Eh
22.	Shin gaba ɗaya kana ɗaukar kanka a matsayin mutum mai juriya?	<input type="radio"/> A'a	<input type="radio"/> Eh
23.	Yaya zaku kimanta aikace-aikacen ku a halin yanzu (a wurin aiki/gida)?		
	a tabarbare	1 2 3 4 5 6 7 8 9 10	mai kyau sosai